



## PERSONAL HEALTH HISTORY

### PLEASE INDICATE ANY MEDICAL CONDITIONS IN THE FOLLOWING AREAS

#### CONSTITUTION

(e.g. Developmental Disability, Cancer, Chills, Fatigue, Fever, Insomnia, Weight Loss/Gain, Other) \_\_\_\_\_

NONE

#### EARS, NOSE AND THROAT

(e.g. Hearing Loss, Sinusitis, Dry Mouth, Laryngitis, Oral Herpes, Other) \_\_\_\_\_

NONE

#### NEUROLOGICAL

(e.g. MS, Epilepsy, Cerebral Palsy, Tumor, Stroke, Migraines, Seizures, Autism, Other) \_\_\_\_\_

NONE

#### PSYCHIATRIC

(e.g. Depression, ADHD, Anxiety/Panic Attacks, Nervousness, Bipolar, Dementia, Other) \_\_\_\_\_

NONE

#### CARDIOVASCULAR

(e.g. High Blood Pressure, Stroke, Heart Disease, Vascular Disease, Congestive Heart Failure, Other) \_\_\_\_\_

NONE

#### RESPIRATORY

(e.g. Asthma, Bronchitis, Emphysema, COPD, Sleep Apnea, TB, Other) \_\_\_\_\_

NONE

#### GASTROINTESTINAL

(e.g. Crohn's, Colitis, Ulcer, Acid Reflux, GERD, Celiac Disease, Diarrhea, Hernia, Other) \_\_\_\_\_

NONE

#### GENITOURINARY

(e.g. Prostate, Kidney, STD, Pregnant, Herpes, Chlamydia, Uterine, Nursing, Ovaries, Testicles, Bladder, Other) \_\_\_\_\_

NONE

#### MUSCULOSKELETAL

(e.g. Arthritis, Fibromyalgia, Osteoporosis, Gout, Neck Pain, Back Pain, Other) \_\_\_\_\_

NONE

#### INTEGUMENTARY

(e.g. Eczema, Rosacea, Psoriasis, Herpes Simplex, Shingles, Dermatitis, Skin Rash, Other) \_\_\_\_\_

NONE

#### ENDOCRINE

(e.g. Diabetes, Hypothyroidism, Graves Disease, Goiter, Hypoglycemia, Hormonal Dysfunction, Other) \_\_\_\_\_

NONE

#### HEMATOLOGIC/LYMPHATIC

(e.g. Anemic, Large Volume Blood Loss, High Cholesterol, Lymphoma, Other) \_\_\_\_\_

NONE

#### ALLERGIC/IMMUNOLOGIC

(e.g. Allergies, Rheumatoid Arthritis, Lupus, Sjogren's, Disease, HIV, Immune Disorder, Other) \_\_\_\_\_

NONE

SOCIAL TOBACCO:  NEVER A SMOKER /  QUIT SMOKING AT AGE \_\_\_\_ /  SMOKER: \_\_\_\_ PACKS PER DAY

HABITS: ALCOHOL:  NON-DRINKER /  <1U/DAY /  1-2U/DAY /  3-6U/DAY /  7-9U/DAY /  >9U/DAY /  DRY ALCOHOLIC

OTHER:  NO DRUG USE /  MARIJUANA /  OTHER: \_\_\_\_\_

#### OTHER

(e.g. Head Injury, Accidents, Other) \_\_\_\_\_

NONE

## OCULAR HEALTH HISTORY

### DO YOU HAVE ANY PROBLEMS IN THESE AREAS?

How long?

GLAUCOMA	Y	N	_____
CATARACTS	Y	N	_____
MACULAR DEGENERATION	Y	N	_____
EYE INJURY	Y	N	_____
RETINAL DISEASE	Y	N	_____
OTHER EYE DISEASE	Y	N	_____
BLINDNESS	Y	N	_____
STRABISMUS (crossed eyes)	Y	N	_____
AMBLYOPIA (lazy eye)	Y	N	_____
DIABETIC RETINOPATHY	Y	N	_____
DRY EYE	Y	N	_____
OTHER EYE PROBLEM	Y	N	_____

### Please check all that apply:

GLASSES:  NONE /  FULL TIME /  PART-TIME \_\_\_\_\_

SAFETY GLASSES \_\_\_\_\_

PRESCRIPTION SUNGLASSES \_\_\_\_\_

NON-PRESCRIPTION SUNGLASSES \_\_\_\_\_

COMPUTER GLASSES \_\_\_\_\_

GLASSES/READERS (over the counter) \_\_\_\_\_

GLASSES/READING (prescription) \_\_\_\_\_

CONTACT LENSES/DAILY WEAR \_\_\_\_\_

CONTACT LENSES/EXTENDED WEAR \_\_\_\_\_

CONTACT LENSES/MONOVISION \_\_\_\_\_

CONTACT LENSES/MULTIFOCAL \_\_\_\_\_

## SURGICAL HISTORY

PROCEDURE NAME/TYPE \_\_\_\_\_

NONE

Date of Procedure \_\_\_\_\_

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 \_\_\_\_\_  
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